

**BAYPORT SCOUT RESERVATION 2009  
For Rappahannock Scout Camp Only**

**Swim Check**

Units attending Bayport have the option to complete swim checks before camp this year. This will save time on Sunday during the check-in process. The camp Aquatics Instructor reserves the right to re-test any camp participant if they show lacking skill for their swim levels.

Instructions:

1. Troop swim test must be completed in a 25 yard pool with one end at least 8 feet deep.
2. At a minimum a BSA Life Guard, 21 years old must conduct the testing (BSA Aquatics Instructor is preferred). A copy of credentials must be provided.
3. The standard swim test will be used as listed in the Swimming Merit Badge, requirement # 9b.

**Swimmer**

- Jump feet first into water over the head, level off, and begin swimming.
- Swim 75 yards in a strong manner using one or more of the following strokes: side, breast, trudgen, or crawl. Swim 25 yards using an easy, resting backstroke.
- The 100 yards must be completed without stops and must include at least one sharp turn.
- Rest by floating...Long enough to demonstrate ability to rest when exhausted.

**Beginner**

- Jump feet first into water over the head, level off, and begin swimming.
- Swim 25 feet on the surface.
- Stop, turn, and resume swimming back to the starting place.

**Non-Swimmer**

- Did not complete either of the swimming tests.
4. List the scouts name, his rank and skill level. You can use the following:  
**S=Swimmer      B = Beginner      NS = Non Swimmer**
  - 5.) **All RIVAH BASE and CHASE Participants must take their swim test at Camp (Excluding those in COPE and Climbing)**

Troop:

Date:

	<b>Name</b>	<b>Rank</b>	<b>Skill Level</b>
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I certify that these tests were conducted as prescribed and results are verified. Please include a copy of credentials.

\_\_\_\_\_  
(Please Print)

\_\_\_\_\_  
(Signature)